

Relationships and Sex education (RSE)		When is it covered					
		Year 7	Year 8	Year 9	Year 10	Year 11	Other
Families	That there are different types of committed, stable relationships.	Religious Education - Jewish Weddings	Esteem - Relationships and Sex Education lessons Religious Education - Marriage as a sacrament	Esteem - Parenthood. Religious Education – Marriage and family types	Religious Studies (GCSE) - Marriage and the family		
	How these relationships might contribute to human happiness and their importance for bringing up children.	Religious Education - Purpose of Jewish marriage and role within religious community.	Esteem - Relationships and Sex Education lessons Religious Education - Marriage as a sacrament to Roman Catholics.	Esteem – Parenthood Religious Education - The purpose of marriage and family's and why Muslims and Christians see it as important.	Religious Studies (GCSE) - Why families are important to Christians.	Esteem - Relationships	
	What marriage is, including their legal status e.g. that marriage carries legal rights and protections not available to couples who are cohabiting or who have married, for example, in an unregistered religious ceremony.	Religious Education - Judaism Marriage as a contract		French - HT1 Relationship Religious Education - Marriage as a life commitment	Relating - HT3		
	Why marriage is an important relationship choice for many couples and why it must be freely entered into.	Religious Education - Judaism Marriage as a contract	Religious Education - Marriage as a scarcement	HT1 - History - Changing women's roles in the 20th Century	Religious Studies -Unit 2 should marriage be for life.		

	The characteristics and legal status of other types of long-term relationships.			HT1 - History - Changing women's roles in the 20th Century Religious Education - Homosexual marriage and rights, religious perspective.	Religious Studies (GCSE) - Can homosexual marriage be equal in the eyes of God or just society.		
	The roles and responsibilities of parents with respect to raising of children, including the characteristics of successful parenting.	Religious Education - Judaism- 10 commandments		Esteem - Parenthood	Religious Studies (GCSE) - The role of parents within the family.		
	How to: determine whether other children, adults or sources of information are trustworthy: judge when a family, friend, intimate or other relationship is unsafe (and to recognise this in others' relationships); and, how to seek help or advice, including reporting concerns about others, if needed.		Esteem - Relationships and Sex Education lessons				
Respectful relationships, including friendships	The characteristics of positive and healthy friendships (in all contexts, including online) including: trust, respect, honesty, kindness, generosity, boundaries, privacy, consent and them management of conflict, reconciliation and ending relationships. This includes different (non-sexual) types of relationship.	Team sports	Team sports Esteem - Relationships and Sex Education lessons	Team sports	Team sports Esteem - The media challenge	Team sports Esteem - Relationships	
	Practical steps they can take in a range of different contexts to improve or support respectful relationships.	Team sports	Team sports Esteem - Relationships and Sex Education lessons	Team sports		Team sports Esteem - Relationships	

	How stereotypes, in particular stereotypes based on sex, gender, race, religion, sexual orientation or disability, can cause damage (e.g. how they might normalise non-consensual behaviour or encourage prejudice).	Religious Education - Judaism and Islam the stereotyping of religious groups. Jewish Anti-Semitism, Islam misconception around Jihad.	History - throughout all KS3 topics Drama Commedia Del'arte Geography - HT3 - Africa	HT3 - History - Study of the Holocaust Religious Education - Religion as not a homogenous group in ethical decisions.	Citizenship - Throughout GCSE course Religious Studies (GCSE) - -Unit 4	Citizenship - Throughout GCSE course Religious Studies (GCSE) - Islamic responses to Peace, war and conflict	LGBTQ+ week - LFT activities and lessons - Maths Black History Month October - LFT activities and lessons in history.
	That in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including people in positions of authority and due tolerance of other people's beliefs.	Team sports History throughout all KS3 to Religious Education - throughout all KS3 topics	Team sports History throughout all KS3 topics Religious Education - throughout all KS3 topics	Team sports History throughout all KS3 topics Religious Education - throughout all KS3 topics	Team sports Esteem - range of activities across the 6 boys only sessions Religious Studies - Throughout all GCSE topics	Team sports Esteem - range of activities across the 6 boys only sessions Religious Studies - Throughout all GCSE topic	
	About different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders to report bullying and how and where to get help.	Computing - HT1 - E-safety		Drama - Let the Right One In	Esteem - Range of activities across 6 only boys' sessions.	Esteem - Range of activities across 6 only boys' sessions.	Year 7 parents induction week Anti-bullying week LFT activities - HT2
	That some types of behaviour within relationships are criminal, including violent behaviour and coercive control.					Esteem - Relationships	
	What constitutes sexual harassment and sexual violence and why these are always unacceptable.	Esteem - Self Esteem			Esteem - Relationships and respect	Esteem - Relationships	
	The legal rights and responsibilities regarding equality (particularly with reference to the protected characteristics as defined in the Equality Act 2010) and that everyone is unique and equal.	Relating - Year 7 - HT1 and HT2 Religious Education - Religious	Religious Education - Religious freedom of belief	Religious Education - Religious freedom of belief	Citizenship - Throughout GCSE course Religious Studies -	Citizenship - Throughout GCSE course Religious Studies -	

		freedom of belief			throughout all GCSE topics	throughout all GCSE topics	
Online and Media	Their rights, responsibilities and opportunities online, including that the same expectations of behaviour apply in all contexts, including online.	E-safety - Computing HT1	Computing - HT1 – E-safety module		Esteem - The media challenge		E-Safety Assembly - All year groups
	About online risks, including that any material someone provides to another has the potential to be shared online and the difficulty of removing potentially compromising material placed online.	Computing - HT1 – E-safety module	Computing - HT1 – E-safety module	French - HT2 Advantages & Disadvantages of social media	Esteem - The media challenge		
	Not to provide material to others that they would not want shared further and not to share personal material which is sent to them.	Computing -HT1 – E-safety module	Computing - HT1 – E-safety module Esteem - Relationships and Sex Education lessons	Computing – E-safety			
	What to do and where to get support to report material or manage issues online.	Computing -HT1 – E-safety module	Computing - HT1 – E-safety module	Computing - HT1 - E-safety module	Esteem - The media challenge		
	The impact of viewing harmful content.			Computing - HT1 - E-safety	Esteem - The media challenge		
	That specifically sexually explicit material e.g. pornography presents a distorted picture of sexual behaviours, can damage the way people see themselves in relation to others and negatively affect how they behave towards sexual partners.				Esteem - The media challenge		
	That sharing and viewing indecent images of children (including those created by children) is a criminal offence which carries severe penalties including jail.			Computing - HT1 – E-safety	Esteem - The media challenge		
	How information and data is generated, collected, shared and used online.		Computing - HT1 – E-safety module	Computing - HT1 – E-safety module			

Being Safe	The concepts of, and laws relating to sexual consent, sexual exploitation, abuse, grooming, coercion, harassment, rape, domestic abuse, forced marriage, honour-based violence and FGM, and how these can affect current and future relationships.		Esteem - Relationships and Sex Education lessons		Relating - HT3		
	How people can actively communicate and recognise consent from others, including sexual consent, and how and when consent can be withdrawn (in all contexts, including online).		Esteem - Relationships and Sex Education lessons				
Intimate and sexual Relationships, including sexual health	How to recognise the characteristics and positive aspects of healthy one-to-one intimate relationships, which include mutual respect, consent, loyalty, trust, shared interests and outlook, sex and friendship.		Esteem - Relationships and Sex Education lessons		Esteem - Relationships and respect	Esteem - Relationships	
	That all aspects of health can be affected by choices they make in sex and relationships, positively or negatively, e.g. physical, emotional, mental, sexual and reproductive health and wellbeing.		Esteem - Relationships and Sex Education lessons Esteem - HIV Lesson	Esteem - STI lesson	Esteem - Pregnancy and contraception	Esteem - STI lesson	
	The facts about reproductive health, including fertility, and the potential impact of lifestyle on fertility for men and women and menopause.	Esteem - Puberty and Reproduction HT1-Science Reproduction and variation	Esteem - Relationships and Sex Education lessons HT6-Science Keeping healthy	HT6 - Science - Communicable diseases	Esteem - Pregnancy and contraception	HT3- Science Homeostasis	
	That there are a range of strategies for identifying and managing sexual pressure, including understanding peer pressure, resisting pressure and not pressurising others.		Esteem - Relationships and Sex Education lessons				

			Esteem - Self-esteem and body image				
	That they have a choice to delay sex or to enjoy intimacy without sex.		Esteem - Relationships and Sex Education lessons	Esteem - STI lesson	Esteem - Relationships and respect	Esteem - STI lesson Esteem - Relationships	
	The facts about the full range of contraceptive choices, efficacy and options available.		Esteem - Relationships and Sex Education lessons		Esteem - Pregnancy and contraception	HT3- Science Homeostasis-Contraception	
	The facts around pregnancy including miscarriage.				Relating - HT3		
	That there are choices in relation to pregnancy (with medically and legally accurate, impartial information on all options, including keeping the baby, adoption, abortion and where to get further help).				Relating - HT3		
	How the different sexually transmitted infections (STIs), including HIV/AIDs, are transmitted, how risk can be reduced through safer sex (including through condom use) and the importance of and facts about testing.		Esteem - HIV Lesson	Esteem - STI lesson HT6-Science - Communicable diseases		Esteem - STI lesson	
	About the prevalence of some STIs, the impact they can have on those who contract them and key facts about treatment.		Esteem - HIV Lesson	Esteem - STI lesson HT6- Science Communicable diseases		Esteem - STI lesson	
	How the use of alcohol and drugs can lead to risky sexual behaviour.		Esteem - Relationships and Sex Education lessons Esteem - HIV lesson	French - HT4 Healthy lifestyle			

	How to get further advice, including how and where to access confidential sexual and reproductive health advice and treatment.		Esteem - HIV Lesson	Esteem - STI lesson		Esteem - STI lesson	
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