



**Relationships and Sex Education Curriculum (RSE)  
September 2021**

		When is it covered?					Generic
		Year 7	Year 8	Year 9	Year 10	Year 11	
<b>Families</b>	That there are different types of committed, stable relationships.		<b>Esteem</b> Relationships and Sex Education	<b>Esteem</b> Parenthood			
	How these relationships might contribute to human happiness and their importance for bringing up children.		<b>Esteem</b> Relationships and Sex Education	<b>Esteem</b> Parenthood		<b>Esteem</b> Relationships and Sex Education	
	What marriage is, including their legal status e.g. that marriage carries legal rights and protections not available to couples who are cohabiting or who have married, for example, in an unregistered religious ceremony.		<b>HT2 - History</b> Changing Women's Roles in the 20th Century	<b>HT1 - Modern Languages</b> Relationships	<b>HT3-4 - Relating</b>		
	Why marriage is an important relationship choice for many couples and why it must be freely entered into.		<b>HT2 - History</b> Changing women's roles in the 20th Century		<b>HT3-4 - Relating</b>		
	The characteristics and legal status of other types of long-term relationships.		<b>HT2 - History</b> Changing women's roles in the 20th Century		<b>HT3-4 - Relating</b>		
	The roles and responsibilities of parents with respect to raising of children, including the characteristics of successful parenting.			<b>Esteem</b> Parenthood			
	How to: determine whether other children, adults or sources of information are trustworthy: Judge when a family, friend, intimate or other relationship is unsafe (and to recognise this in others' relationships); and, how to seek help or advice, including reporting concerns about others, if needed.		<b>Esteem</b> Relationships and Sex Education				

Respectful relationships, including friendships	The characteristics of positive and healthy friendships (in all contexts, including online) including: trust, respect, honesty, kindness, generosity, boundaries, privacy, consent and the management of conflict, reconciliation and ending relationships. This includes different (non-sexual) types of relationship.	Team sports	<b>Esteem</b> Relationships and Sex Education  Team sports	Team sports	<b>Esteem</b> The Media Challenge  Team sports	<b>Esteem</b> Relationships and Sex Education  Team sports	
	Practical steps they can take in a range of different contexts to improve or support respectful relationships.	Team sports	<b>Esteem</b> Relationships and Sex Education  Team sports	Team sports	Team sports	<b>Esteem</b> Relationships and Sex Education  Team sports	
	How stereotypes, in particular stereotypes based on sex, gender, race, religion, sexual orientation or disability, can cause damage (e.g. how they might normalise non-consensual behaviour or encourage prejudice).	<b>Relating</b> HT1 and HT2	<b>History</b> KS3 topics  <b>Geography</b> HT3 - Africa		<b>Citizenship</b> GCSE course	<b>Citizenship</b> GCSE course	<b>LGBTQ+ week</b> - LFT activities and lessons
	That in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including people in positions of authority and due tolerance of other people's beliefs.	Team sports  <b>Relating</b> Year 7 - HT1	Team sports  <b>History</b> KS3 topics	Team sports	Team sports  <b>Esteem</b> 6 boys only sessions	Team sports  <b>Esteem</b> 6 boys only sessions	
	About different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders to report bullying and how and where to get help.	<b>Anti-Bullying Week</b> LFT activities - HT  <b>Computing e-Safety</b> Year 7 Parents' Induction Week Beat Bullying session	<b>Anti-Bullying Week</b> LFT activities - HT2	<b>Anti-Bullying Week</b> LFT activities - HT2	<b>Anti-Bullying Week</b> LFT activities - HT2  <b>Esteem</b> Range of activities across 6 boys' sessions.	<b>Anti-Bullying Week</b> LFT activities - HT2  <b>Esteem</b> Range of activities across 6 boys' sessions.	<b>Year 7 parents induction week</b>
	That some types of behaviour within relationships are criminal, including violent behaviour and coercive control.					<b>Esteem</b> Relationships and Sex Education	

	What constitutes sexual harassment and sexual violence and why these are always unacceptable.	<b>Esteem</b> Self Esteem			<b>Esteem</b> Relationships and Respect	<b>Esteem</b> Relationships and Respect	
	The legal rights and responsibilities regarding equality (particularly with reference to the protected characteristics as defined in the Equality Act 2010) and that everyone is unique and equal.	<b>Relating</b> Year 7 - HT1 and HT2			<b>Citizenship</b> GCSE course	<b>Citizenship</b> GCSE course	
<b>Online and Media</b>	Their rights, responsibilities and opportunities online, including that the same expectations of behaviour apply in all contexts, including online.	<b>E-Safety</b> Computing HT1	<b>E-Safety</b> Computing HT1		<b>Esteem</b> The Media Challenge		<b>E-Safety</b> <b>Assembly - All year groups</b>  <b>School Behaviour Expectations</b>
	About online risks, including that any material someone provides to another has the potential to be shared online and the difficulty of removing potentially compromising material placed online.	<b>E-Safety</b> Computing HT1	<b>E-Safety</b> Computing HT1	<b>Modern Languages</b> HT2 Advantages & Disadvantages of Social Media	<b>Esteem</b> The Media Challenge		
	Not to provide material to others that they would not want shared further and not to share personal material which is sent to them.	<b>E-Safety</b> Computing HT1	<b>E-Safety</b> Computing HT1	<b>E-Safety</b> Computing HT1			
	What to do and where to get support to report material or manage issues online.	<b>E-Safety</b> Computing HT1	<b>E-Safety</b> Computing HT1	<b>E-Safety</b> Computing HT1	<b>Esteem</b> The Media Challenge		
	The impact of viewing harmful content.			<b>E-Safety</b> Computing HT1	<b>Esteem</b> The Media Challenge		
	That specifically sexually explicit material e.g. pornography presents a distorted picture of sexual behaviours, can damage the way people see themselves in relation to others and negatively affect how they behave towards sexual partners.				<b>Esteem</b> The Media Challenge		
				<b>E-Safety</b>	<b>Esteem</b>		

	That sharing and viewing indecent images of children (including those created by children) is a criminal offence which carries severe penalties including jail.			Computing HT1	The Media Challenge		
	How information and data is generated, collected, shared and used online.		<b>E-Safety</b> Computing HT1	<b>E-Safety</b> Computing HT1			
<b>Being Safe</b>	The concepts of, and laws relating to, sexual consent, sexual exploitation, abuse, grooming, coercion, harassment, rape, domestic abuse, forced marriage, honour-based violence and FGM, and how these can affect current and future relationships.	<b>Assembly</b> FGM HT5	<b>Assembly</b> FGM HT5  <b>Esteem</b> Relationships and Sex Education	<b>Assembly</b> FGM HT5	<b>Assembly</b> FGM HT5	<b>Assembly</b> FGM HT5	<b>Assembly on</b> <b>FGM</b>
	How people can actively communicate and recognise consent from others, including sexual consent, and how and when consent can be withdrawn (in all contexts, including online).		<b>Esteem</b> Relationships and Sex Education				
<b>Intimate and sexual Relationships, including sexual health</b>	How to recognise the characteristics and positive aspects of healthy one-to-one intimate relationships, which include mutual respect, consent, loyalty, trust, shared interests and outlook, sex and friendship.		<b>Esteem</b> Relationships and Sex Education		<b>Esteem</b> Relationships and Respect	<b>Esteem</b> Relationships	
	That all aspects of health can be affected by choices they make in sex and relationships, positively or negatively, e.g. physical, emotional, mental, sexual and reproductive health and wellbeing.		<b>Esteem</b> Relationships and Sex Education  <b>Esteem</b> HIV	<b>Esteem</b> STIs	<b>Esteem</b> Pregnancy and Contraception	<b>Esteem</b> STIs	
	The facts about reproductive health, including fertility, and the potential impact of lifestyle on fertility for men and women and menopause.	<b>Esteem</b> Puberty and Reproduction  <b>Science</b> Reproduction and variation – HT1	<b>Esteem</b> Relationships and Sex Education  <b>Science</b> Keeping Healthy – HT6	<b>Science</b> Communicable Diseases HT6	<b>Esteem</b> Pregnancy and Contraception	<b>Science</b> Homeostasis - HT3	
	That there are a range of strategies for identifying and managing sexual pressure, including understanding peer pressure, resisting pressure and not pressurising others.		<b>Esteem</b> Relationships and Sex Education  <b>Esteem</b>				

		Self-esteem and Body Image			
That they have a choice to delay sex or to enjoy intimacy without sex.		<b>Esteem</b> Relationships and Sex Education	<b>Esteem</b> STIs	<b>Esteem</b> Relationships and Respect	<b>Esteem</b> STIs lesson  <b>Esteem</b> Relationships
The facts about the full range of contraceptive choices, efficacy and options available.		<b>Esteem</b> Relationships and Sex Education		<b>Esteem</b> Pregnancy and Contraception	<b>Science</b> Homeostasis- Contraception HT3
The facts around pregnancy including miscarriage.				<b>Relating</b> HT 3-4	
That there are choices in relation to pregnancy (with medically and legally accurate, impartial information on all options, including keeping the baby, adoption, abortion and where to get further help).				<b>Relating</b> HT 3-4	
How the different sexually transmitted infections (STIs), including HIV/AIDs, are transmitted, how risk can be reduced through safer sex (including through condom use) and the importance of and facts about testing.		<b>Esteem</b> HIV	<b>Esteem</b> STIs  <b>Science</b> Communicable Diseases HT6		<b>Esteem</b> STIs
About the prevalence of some STIs, the impact they can have on those who contract them and key facts about treatment.		<b>Esteem</b> HIV	<b>Esteem</b> STIs  <b>Science</b> Communicable Diseases HT6		<b>Esteem</b> STIs
How the use of alcohol and drugs can lead to risky sexual behaviour.		<b>Esteem</b> Relationships and Sex Education  <b>Esteem</b> HIV	<b>French</b> Healthy lifestyle HT4		
How to get further advice, including how and where to access confidential sexual and reproductive health advice and treatment.		<b>Esteem</b> HIV	<b>Esteem</b> STIs		<b>Esteem</b> STIs