



What is e-Safety?

E- Safety is the importance of staying safe online or whilst using a digital device. Staying safe is important because there are many dangers associated with the internet and social media, gaming, shopping online and email.

How to report issues online



<https://www.thinkuknow.co.uk/>

E-Safety Keywords

GROOMING	Grooming is the process of getting to know and befriending a child with the intention of harming them.
TROLLING	Someone who starts arguments online purposely to upset someone.
CYBER BULLYING	Using a device to bully a person.
CAT FISH	A catfish is someone who creates a false online identity. Catfishing is common on social networking and online dating sites.

Know how to be SMART online

S **SHARE RESPONSIBLY**
We all love to share photographs, fun things we're doing and much more.
Be careful what you share and always ask permission if somebody else is in the photo or video.

M **MANAGE your PRIVACY**
If you're using apps that can communicate with others, turn on privacy.
Only let people you really know follow you unless you've asked permission from your parents.

A **ASK for HELP**
Don't ever be worried about asking for help from someone you trust.
You will NOT be judged.

R **RESPECT OTHERS**
Be kind.
Other people may have different opinions from you.
That's okay, but if they become abusive, block and report and tell an adult.

T **THINK CRITICALLY**
TRUST your INSTINCT
Is it true?
Does that person really know me?
Has that really happened?
Always question!

How to make a stand against

CYBERBULLYING

STOP

LOG OFF the site where the bullying is happening

BLOCK

BLOCK emails or messages, do not respond to them

RECORD

SAVE the messages, images or emails to show to an adult

TALK IT OUT

TELL someone you trust, who can help you

How to stop cyber bullying

What to do to stay safe online



ZIP IT

Keep your personal stuff private and think about what you say and do online.



BLOCK IT

Block people who send nasty messages and don't open unknown links and attachments.



FLAG IT

Flag up with someone you trust if anything upsets you or if someone asks to meet you offline.

Risks of Social Media and how to stay safe



Risks

- Cyberbullying
- Catfishing
- Grooming
- Trolling
- Identity Theft



Staying Safe

- ✓ Do not share personal information.
- ✓ Turn location off
- ✓ Set privacy settings to friends only.
- ✓ Do NOT meet up with anyone in real life.